




Dr.Hauschka


Treatments

At Dublin Holistic Centre,
28 South William Street,
Dublin 2

To experience a Dr.Hauschka treatment is to be transformed. Based on our time-proven, signature method of artful touch, each treatment is crafted to work with your body's natural rhythms to transform both inside and out. Dr.Hauschka is certified organic Skin Care.

 **The Classic Dr.Hauschka Treatment**
90 mins - Warmth, lightness & inner
balance * €85

Treat yourself to some very special quality time; relaxing foot bath, fragrant compresses and gentle massage of arms, hands with oils help you let go and relax. Ideal preparation for the subsequent facial cleansing treatment; cleansing and moisturising masks plus intensive treatment with ampoules revive and regenerate. Finally the lymphatic stimulation with fine brushes removes congestion and waste, strengthening the immune system. The Classic Treatment leaves you with a feeling of being suffused with warmth, lightness and inner balance.

 **Dr.Hauschka Rejuvenating Treatment**
- For a 'Spring' in your step -
60 mins * €65

Head to toe Treatment; sometimes the skin feels tired as you do. This treatment is a pick me up, especially recommended in phases of change such as turn of the seasons.

Appointments: Tara - 086 089 9663
Email: taraniruairc1@gmail.com

 **Dr.Hauschka Deep Cleansing Treatment**
60 mins * €45

Intensive deep cleanse with Dr.Hauschka natural skin care products clarifies and refines the skin for radiant complexion.

 **Dr.Hauschka Special Treatment for Blemished Skin - 60 mins * €55**
(or course of 5 treatments €250)

An intensive treatment with Dr.Hauschka skin care products specially designed for regulation of blemished, inflamed skin (acne). Recommended at two week intervals until skin returns to normal.

 **Dr.Hauschka 'Mother to Be Pamper' - 60 mins * €55**

Tailored for your comfort during pregnancy. Revitalising, luxurious treatment for tired mothers to be. Helps with heavy legs, tired & busy mind.

**'A Person needs two beauties,
an inner and an outer one'**

Elisabeth Sigmund, Co-founder Dr.Hauschka

Gift Vouchers available, contact Tara directly
postage arranged.